



Worksheet



Name _____

Date _____

A poignant zine, short for magazine, about fostering an Asian and Asian American identity.

As shown in this zine, many transracial Adoptees have expressed challenges growing up in families and communities where they are a part of the racial minority. What concepts from this zine had the most impact on you? Why?

As parents with our own racial and cultural identities, it's important to reflect on our experiences first so that we can help guide our Adoptee through their racial identity development. What are examples of surface and deep culture from your own cultural/racial group?

List three ways your Adoptee can explore their surface culture? How about their deep culture?

What do you know about the historical context about your racial group in the U.S.? How about your Adoptee's racial group?

What challenges do you anticipate you will encounter while fostering your Adoptee's racial/ cultural identity? How will you overcome them?

How will you incorporate the surrounding soil concept to learn more about the history of your racial/ cultural group in America? How will you do this for your Adoptee?